

A Worship Minute ...

Rest In Me

By Derri Daugherty and Elli Bannister

Inspired by Psalm 23

Throughout the ages God has promised to compassionately love, protect, and renew his people, and the people of God have turned to Him for refuge and peace. In Psalm 23, the psalmist compared God's love to a devoted shepherd, caring for his precious flock. Generations later, Saint Augustine (354-430 A.D.) wrote, "Thou hast created us for Thyself, and our heart is not quiet until it rests in Thee."

The writers of the song *Rest In Me*, were inspired by Psalm 23 and the timeless theme of God's love. The song is written as a dialogue between a child of God and her Maker:

Rest my child / (Lord my heart is so tired)
And trust in me / (I'm a stumbling child)
I'll give you life / And everlasting peace / (Lord I am so weak)
Don't you know / (And I fall at your feet)
From long before time / (Cover me with your wings)
You have been mine / (You are my prince of peace)
And I love you

God's ancient promises are as true today as when first spoken.