

**A Worship Minute.....**  
by Bob Rognlien, *Experiential Worship*

In the earliest books of the Bible, worship is primarily expressed as the deliberate choice to make a literal offering. We can see this in the very first generation of humanity when Cain and Abel worshipped by offering grain and lambs to God (Genesis 4:3-4). While the people of Israel were still in the wilderness, God instructed them to construct the tabernacle so they would always have a place of offering wherever they went (Exodus 26).

Even in the New Testament, we see Mary and Joseph making an offering at the dedication of their newborn child, Jesus, (Luke 2: 24). The importance of the concept of offering in biblical worship is measured by its prevalence in Scripture; various forms of the words *offer* and *offering* occur 1,132 times in the Bible. Again and again we see that biblical worship is a deliberate decision to offer ourselves to God.