

## **A WORSHIP MINUTE...**

**~ by Max Lucado ~**

### ***An Attitude of Gratitude.....***

The grateful heart is like a magnet sweeping over the day, collecting reasons for gratitude. A zillion diamonds sparkle against the velvet of your sky every night. *Thank you, God.* A miracle of muscles enables your eyes to read these words and your brain to process them. *Thank you, God.* Your lungs inhale and exhale eleven thousand liters of air every day. Your heart will beat about three billion times in your lifetime. Your brain is a veritable electric generator of power. *Thank you, God.*

For the jam on our toast and the milk on our cereal. For the blanket that calms us and the joke that delights us and the warm sun that reminds us of God's love. For the thousands of planes that did not crash today. For the men who didn't cheat on their wives, and the wives who didn't turn from their men, and the kids who, in spite of unspeakable pressure to dishonor their parents, decided not to do so. *Thank you, Lord.*