

A Worship Minute, by Daniel Owen—Jesus Calms the Storm: A way that seems so normal, so natural Jesus shouts out, his voice has a power, a resonance that is at once the most beautiful and most terrifying voice you have ever heard. *"Peace...be still!"*... Like someone closing a door, the wind immediately stops. The waves take a few moments longer, but soon you notice a peace and tranquility that would have seemed impossible just a few moments before. You become aware that this is more than just a physical stillness; it is a peace that is beyond the natural. It is not just the water and the air that are now still. You feel a deep-down stillness within yourself also. As Jesus looks at you, you know that His peace will remain, so that no matter what will ever happen in your life, no matter what storms lie ahead, you will always be able to remember that peace you feel inside right now, the day that Jesus calmed the storm. In the very depth of your being, you know that His peace will carry you through anything because you now know that Jesus will always, always be there .

Keep the conversation going: What pulls your attention away from focusing on God on a daily basis? How do you deal with this? (*Connect with one of the children or youth after the service, or during the week!*)