

A Worship Minute: Journeying through Lent with symbols and prayer: Through Lent, we have been using symbols and prayer to help us focus our thoughts and reflections. Each week, a new symbol is added to our montage at the front of the Sanctuary. Today, we add the **cup**, remembering Jesus' humanity as He struggled in anguish, in the end obedient to His Father's will — *"My Father! If it is possible, let this cup of suffering be taken away from me. Yet I want Your will to be done, not mine."* **Prayer:** *Lord Jesus, this cup reminds us of your humanity. We thank you that whatever anguish we experience...yours was greater, and that you will see us through.*

Keep the conversation going: What could you do tomorrow as a special "love offering" to God? *(Connect with one of the children or youth after the service, or during the week!)*