

A WORSHIP MINUTE: SACRAMENTS

In obedience to our Lord's command and example, we observe two sacraments, Baptism and Holy Communion. These are visible expressions of the Gospel, given as means of entering and sustaining the Christian Life.

In Baptism and the Lord's Supper, there is a sacramental union between the sign and the thing signified. Water signifies forgiveness and new life in Christ; bread and wine, the body and blood of our Lord.

The grace effective in the sacraments comes not from any power in them, but from the work of the Holy Spirit. Rightly received, in faith and repentance, the sacraments convey that which they symbolize.

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