

A Worship Minute

Psalm 63 , Jeremiah 2: 1-19, John 7: 37-39

Our passages this week include the need for water and nourishment; something we often take for granted. In Israel, at the times of Jeremiah and of Jesus, the scarcity of water was a very real concern.

As the Psalm reminds us, just as we thirst for water, so we thirst for God. And, as John's Gospel reading also reminds us, we thirst for the Holy Spirit of God, the living water that Jesus speaks of.

- What do you do to quench the thirst for peace and respite in your life?
- Do you go out to dinner, take a trip, watch a movie, read a book?

While all of these may be helpful, we need more, we need something else, we need God. As Saint Augustine said, our hearts are restless until they find rest in God. Our thirst is unquenchable until we drink of the living water (the Holy Spirit) that Jesus talks about in John 7.

- Have you ever had an experience of the Holy Spirit?
- What was it like?
- When was the last time you felt the Holy Spirit?
- What can we do to encourage the Holy Spirit to dwell within us?

Consider these and any other matters God brings before you as you prepare your heart to worship Him in community this week.